



Bar & Brasserie

THE HISTORY OF AFTERNOON TEA

Tea consumption increased during the early 19th century and it is around this time that Anna, 7th Duchess of Bedford, is said to have complained of “having that sinking feeling” during the late afternoon.

At the time it was usual for people to take only two main meals a day, breakfast and dinner. The solution for the Duchess was a pot a tea and a light snack, taken in her boudoir during the afternoon.

Later friends were invited to join her in her rooms at Woburn Abbey and this summer practice proved so popular that the Duchess continued it when returning to London, sending cards to her friends asking them to join her for “tea and a walking the fields”.

Other social hostesses quickly picked up on the idea and the activity became respectable enough to move into the drawing room.

Before long, all fashionable society was sipping tea and nibbling sandwiches in the middle of the afternoon.

CREAM TEA

Traditional Cream Tea for One

Freshly baked fruit scone with clotted cream and preserve.

Served with a choice of speciality teas or our unique blend of Central Perk Coffee.

£6.95

HIGH TEA FOR 2

A selection of classic finger sandwiches on white or brown bread, with freshly baked fruit scone with clotted cream and preserves.

Served with a choice of speciality teas or our unique blend of Central Perk Coffee.

£24.95 PER COUPLE

CHAMPAGNE

AFTERNOON TEA

Beginning with a classic glass of our finest Gruet Champagne or Rose Gruet Champagne.

A selection of classic finger sandwiches on white or brown bread, with a freshly baked fruit scone with clotted cream and preserves, additional sweet pastries and seasonal sweets.

Served with a choice of speciality teas or our unique blend of Central Perk Coffee.

£49.95 PER COUPLE



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TEA & INFUSIONS SELECTION

TRADITIONAL ENGLISH, PEPPERMINT, ASSAM, CAMOMILE, DARJEELING, EARL GREY, FRUIT TEAS